



7. Unnaer Walking Day

Unna / 17.05.2009

Detailed evaluation

Paarmann, Karsten

Club: Walkingtreff Lünen

Number: 1015

Course: 10.00 km

10 km-Strecke Walking

Total time: 1:09:16

Speed: 8.66 km/h

metres in height up: 135

Course score: 12.03

performance score: 104 Points