



## 7. Unnaer Walking Day

Unna / 17.05.2009

### Detailed evaluation

**Gindera, Elke**

Club: Hohe Ward Gazellen/TuS-Hiltrup

Number: 1048

Course: 10.00 km

10 km-Strecke Walking

Total time: 1:15:27

Speed: 7.95 km/h

metres in height up: 135

Course score: 12.03

performance score: 96 Points