



7. Unnaer Walking Day

Unna / 17.05.2009

Detailed evaluation

Luig, Renate

Club: TLV Rünthe

Number: 1093

Course: 10.00 km

10 km-Strecke Nordic Walking

Total time: 1:12:40

Speed: 8.26 km/h

metres in height up: 135

Course score: 12.03

performance score: 99 Points