



7. Unnaer Walking Day

Unna / 17.05.2009

Detailed evaluation

Gadau, Conny

Club: Hohe Ward Gazellen/TuS-Hiltrup

Number: 1047

Course: 10.00 km

10 km-Strecke Walking

Total time: 1:19:21

Speed: 7.56 km/h

metres in height up: 135

Course score: 12.03

performance score: 91 Points