



## 7. Unnaer Walking Day

Unna / 17.05.2009

### Detailed evaluation

**Luhmann, Mechthild**

Club: Post SV Unna

Number: 1084

Course: 10.00 km

10 km-Strecke Nordic Walking

Total time: 1:14:23

Speed: 8.07 km/h

metres in height up: 135

Course score: 12.03

performance score: 97 Points