



## 7. Unnaer Walking Day

Unna / 17.05.2009

### Detailed evaluation

Kolanowski, Christiane

Club: SVL

Number: 1124

Course: 10.00 km

10 km-Strecke Nordic Walking

Total time: 1:15:06

Speed: 7.99 km/h

metres in height up: 135

Course score: 12.03

performance score: 96 Points