



12. TRENGADE-MTB-Marathon  
 Clausthal-Zellerfeld / 17.05.2009

Detailed evaluation

Köhler, Roland

Club: RC ENDSPURT HERFORD  
 Number: 214

Course: 68.00 km  
 Mitteldistanz

Category:  
 Rennen 8, Masters männlich

Total time: 4:00:22

Speed: 16.97 km/h

Rank in course/Total: 84 (of 128)

Rank in course/Men: 79 (of 119)

Best time in course: 2:47:53

Rank in category: 29(of 51)

Best time in the category: 2:54:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenkontrolle	22.00	1:01:21	21.52	22	15:50	69	17:23	22.00	1:01:21	21.52	6		81	
Rundenkontrolle	34.00	2:00:22	16.95	29	32:03	80	36:11	56.00	3:01:43	18.49	6		79	53:34
Finish	12.00	58:39	12.28	32	18:21	80	18:55	68.00	4:00:22	16.97	33	1:52:36	87	1:52:36