



# 12. TRENGADE-MTB-Marathon

Clausthal-Zellerfeld / 17.05.2009

## Detailed evaluation

**Elpel, Armin**

Club: MBC Hannover  
Number: 114

Course: 102.00 km  
Langdistanz

Category:  
Rennen 11, Masters männlich

Total time: 5:34:33

Speed: 18.29 km/h

Rank in course/Total: 33 (of 67)

Rank in course/Men: 32 (of 65)

Best time in course: 4:09:52

Rank in category: 14(of 27)

Best time in the category: 4:27:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenkontrolle	22.00	54:18	24.31	9	9:14	27	11:22	22.00	54:18	24.31	11			13
Rundenkontrolle	34.00	1:47:28	18.98	13	19:55	35	25:19	56.00	2:41:46	20.77	11	4:26		13
Rundenkontrolle	34.00	1:57:28	17.37	17	25:22	38	1:56:39	90.00	4:39:14	19.34	11	1:16		8
Finish	12.00	55:19	13.02	16	12:28	42	15:52	102.00	5:34:33	18.29	18	1:55:51	48	3:27:22