



# 12. TRENGADE-MTB-Marathon

Clausthal-Zellerfeld / 17.05.2009

## Detailed evaluation

Früchtenicht, Henning

Club: RSC Oldenburg  
Number: 300

Course: 102.00 km  
Langdistanz

Category:  
Rennen 11, Masters männlich

Total time: 5:47:14

Speed: 17.63 km/h

Rank in course/Total: 41 (of 67)

Rank in course/Men: 40 (of 65)

Best time in course: 4:09:52

Rank in category: 18(of 27)

Best time in the category: 4:27:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Rundenkontrolle	22.00	55:14	23.90	13	10:10	32	12:18	22.00	55:14	23.90	7	0:33	21	
Rundenkontrolle	34.00	1:53:37	17.96	19	26:04	45	31:28	56.00	2:48:51	19.90	7	11:31	21	1:38
Rundenkontrolle	34.00	1:58:11	17.26	18	26:05	39	1:57:22	90.00	4:47:02	18.81	7	9:04	16	1:39
Finish	12.00	1:00:12	11.96	21	17:21	49	20:45	102.00	5:47:14	17.63	22	2:08:32	56	3:40:03