



10. Harzer MTB-Event  
Altenau (Oberharz) / 24.05.2009

Detailed evaluation

Erbse, Frank

Club: MBC Hannover/Team Focus  
Number: 233

Course: 70.00 km  
Marathon Mitteldistanz

Category:  
Herren Fun

Total time: 3:09:40

Speed: 22.14 km/h

Rank in course/Total: 6 (of 192)

Rank in course/Men: 6 (of 179)

Best time in course: 2:58:59

Rank in category: 4(of 108)

Best time in the category: 2:58:59

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Lap 1	12.40	40:48	17.65	13	3:46	17	3:46	12.40	40:48	17.65	12			20
Lap 2	14.00	42:47	19.63	5	3:42	7	3:42	26.40	1:23:35	18.66	13			21
Lap 3	21.00	51:07	24.65	9	51:02	12	51:02	47.40	2:14:42	20.94	68			6 10:11
Lap 4	14.00	43:37	19.26	4	0:28	5	0:40	61.40	2:58:19	20.53	68			6 10:17
Last lap Finish	8.60	11:21	42.29	5	0:28	7	0:28	70.00	3:09:40	22.14	16	1:31:33	28	1:31:33