



10. Harzer MTB-Event  
Altenau (Oberharz) / 24.05.2009

Detailed evaluation

Sinnigen, Hermann

Club: RSC Papenburg  
Number: 205

Course: 70.00 km  
Marathon Mitteldistanz

Category:  
Senioren Fun

Total time: 3:11:50

Speed: 21.89 km/h

Rank in course/Total: 8 (of 192)

Rank in course/Men: 8 (of 179)

Best time in course: 2:58:59

Rank in category: 3(of 71)

Best time in the category: 3:04:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.40	38:35	19.28	3	0:56	7	1:33	12.40	38:35	19.28	35		22	
Lap 2	14.00	43:44	19.21	3	1:37	11	4:39	26.40	1:22:19	19.24	35		23	
Lap 3	21.00	51:57	24.25	5	2:33	15	51:52	47.40	2:14:16	21.18	33		8	9:45
Lap 4	14.00	46:28	18.08	4	3:31	15	3:31	61.40	3:00:44	20.38	33		8	12:42
Last lap Finish	8.60	11:06	46.49	1	-	5	0:13	70.00	3:11:50	21.89	13	1:33:16	30	1:33:43