



10. Harzer MTB-Event  
Altenau (Oberharz) / 24.05.2009

Detailed evaluation

Heinrichs, Sebastian

Club: HRC Wernigerode  
Number: 248

Course: 70.00 km  
Marathon Mitteldistanz

Category:  
Herren Fun

Total time: 3:29:08

Speed: 20.08 km/h

Rank in course/Total: 24 (of 192)

Rank in course/Men: 24 (of 179)

Best time in course: 2:58:59

Rank in category: 18(of 108)

Best time in the category: 2:58:59

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.40	41:33	17.91	17	4:31	22	4:31	12.40	41:33	17.91	26		38	
Lap 2	14.00	41:56	20.03	4	2:51	4	2:51	26.40	1:23:29	18.97	28		40	
Lap 3	21.00	51:38	24.40	10	51:33	13	51:33	47.40	2:15:07	21.05	53		25	10:36
Lap 4	14.00	58:50	14.28	47	15:41	69	15:53	61.40	3:13:57	18.99	53		25	25:55
Last lap Finish	8.60	15:11	33.98	83	4:18	132	4:18	70.00	3:29:08	20.08	31	1:51:01	47	1:51:01