



10. Harzer MTB-Event
Altenau (Oberharz) / 24.05.2009

Detailed evaluation

Frede, Christian

Club: Vienenburg
Number: 244

Course: 70.00 km
Marathon Mitteldistanz

Category:
Herren Fun

Total time: 3:56:10

Speed: 17.78 km/h

Rank in course/Total: 62 (of 192)

Rank in course/Men: 61 (of 179)

Best time in course: 2:58:59

Rank in category: 43(of 108)

Best time in the category: 2:58:59

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.40	50:12	14.34	54	13:10	77	13:10	12.40	50:12	14.34	51	5:11	75	5:11
Lap 2	14.00	51:56	16.17	41	12:51	56	12:51	26.40	1:42:08	15.27	53	5:31	77	5:31
Lap 3	21.00	1:01:52	20.37	45	1:01:47	62	1:01:47	47.40	2:44:00	17.20	75		61	39:29
Lap 4	14.00	58:26	14.38	44	15:17	64	15:29	61.40	3:42:26	16.45	75		61	54:24
Last lap Finish	8.60	13:44	34.95	54	2:51	77	2:51	70.00	3:56:10	17.78	56	2:18:03	84	2:18:03