



10. Harzer MTB-Event  
Altenau (Oberharz) / 24.05.2009

Detailed evaluation

Früchtenicht, Henning

Club: RSC Oldenburg/ Team Bergamont  
Number: 351

Course: 70.00 km  
Marathon Mitteldistanz

Category:  
Senioren Fun

Total time: 4:06:02

Speed: 17.07 km/h

Rank in course/Total: 86 (of 192)

Rank in course/Men: 84 (of 179)

Best time in course: 2:58:59

Rank in category: 28(of 71)

Best time in the category: 3:04:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.40	48:26	14.87	18	10:47	61	11:24	12.40	48:26	14.87	27		98	3:25
Lap 2	14.00	54:34	15.39	25	12:27	81	15:29	26.40	1:43:00	15.15	27		99	6:23
Lap 3	21.00	1:05:07	19.35	28	15:43	88	1:05:02	47.40	2:48:07	16.77	58		83	43:36
Lap 4	14.00	1:03:57	13.14	32	21:00	92	21:00	61.40	3:52:04	15.77	58		84	1:04:02
Last lap Finish	8.60	13:58	34.37	30	2:52	89	3:05	70.00	4:06:02	17.07	38	2:27:28	107	2:27:55