



10. Harzer MTB-Event
Altenau (Oberharz) / 24.05.2009

Detailed evaluation

Grösche, Ralf

Club: Team NoSports
Number: 414

Course: 70.00 km
Marathon Mitteldistanz

Category:
Senioren Fun

Total time: 4:07:10

Speed: 16.99 km/h

Rank in course/Total: 89 (of 192)

Rank in course/Men: 87 (of 179)

Best time in course: 2:58:59

Rank in category: 29(of 71)

Best time in the category: 3:04:01

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.40	50:57	14.60	25	13:18	83	13:55	12.40	50:57	14.60	17		101	5:56
Lap 2	14.00	56:02	14.99	32	13:55	94	16:57	26.40	1:46:59	14.81	17		102	10:22
Lap 3	21.00	1:04:30	19.53	27	15:06	85	1:04:25	47.40	2:51:29	16.58	59		86	46:58
Lap 4	14.00	1:02:35	13.42	28	19:38	82	19:38	61.40	3:54:04	15.74	59		87	1:06:02
Last lap Finish	8.60	13:06	39.39	16	2:00	52	2:13	70.00	4:07:10	16.99	39	2:28:36	110	2:29:03