



10. Harzer MTB-Event  
Altenau (Oberharz) / 24.05.2009

Detailed evaluation

Grösche, Ralf

Club: Team NoSports  
Number: 414

Course: 70.00 km  
Marathon Mitteldistanz

Category:  
Senioren Fun

Total time: 4:07:10

Speed: 16.99 km/h

Rank in course/Total: 89 (of 192)

Rank in course/Men: 87 (of 179)

Best time in course: 2:58:59

Rank in category: 29(of 71)

Best time in the category: 3:04:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.40	50:57	14.13	25	13:18	83	13:55	12.40	50:57	14.13	17		101	5:56
Lap 2	14.00	56:02	14.99	32	13:55	94	16:57	26.40	1:46:59	14.58	17		102	10:22
Lap 3	21.00	1:04:30	19.53	27	15:06	85	1:04:25	47.40	2:51:29	16.44	59		86	46:58
Lap 4	14.00	1:02:35	13.42	28	19:38	82	19:38	61.40	3:54:04	15.64	59		87	1:06:02
Last lap Finish	8.60	13:06	36.64	16	2:00	52	2:13	70.00	4:07:10	16.99	39	2:28:36	110	2:29:03