



10. Harzer MTB-Event  
Altenau (Oberharz) / 24.05.2009

Detailed evaluation

**Biermann, Holger**

Club: Ski Club Altenau  
Number: 220

Course: 70.00 km  
Marathon Mitteldistanz

Category:  
Senioren Fun

Total time: 4:44:13

Speed: 14.78 km/h

Rank in course/Total: 145 (of 192)

Rank in course/Men: 136 (of 179)

Best time in course: 2:58:59

Rank in category: 49(of 71)

Best time in the category: 3:04:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total km	Total Time	Total km/h	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Lap 1	12.40	56:50	12.67	55	19:11	146	19:48	12.40	56:50	12.67	31	2:24	150	11:49
Lap 2	14.00	1:00:11	13.96	43	18:04	127	21:06	26.40	1:57:01	13.33	31	4:19	151	20:24
Lap 3	21.00	1:12:03	17.49	45	22:39	125	1:11:58	47.40	3:09:04	14.92	19		134	1:04:33
Lap 4	14.00	1:20:27	10.44	54	37:30	143	37:30	61.40	4:29:31	13.58	19	3:29	136	1:41:29
Last lap Finish	8.60	14:42	32.65	42	3:36	119	3:49	70.00	4:44:13	14.78	59	3:05:39	160	3:06:06