



10. Harzer MTB-Event  
Altenau (Oberharz) / 24.05.2009

Detailed evaluation

Hinners, Rolf

Club: RSV Bruchhausen-Vilsen  
Number: 201

Course: 70.00 km  
Marathon Mitteldistanz

Category:  
Senioren Fun

Total time: 4:46:19

Speed: 14.67 km/h

Rank in course/Total: 146 (of 192)

Rank in course/Men: 137 (of 179)

Best time in course: 2:58:59

Rank in category: 50(of 71)

Best time in the category: 3:04:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Men	Men	Men	km	Time	km/h	Cat.	Men	Men	Men	Men		
Lap 1	12.40	55:50	13.33	51	139	18:11	18:48	12.40	55:50	13.33	30	151	1:24	10:49			
Lap 2	14.00	1:02:09	13.52	50	141	20:02	23:04	26.40	1:57:59	13.43	30	152	5:17	21:22			
Lap 3	21.00	1:14:02	17.02	47	129	24:38	1:13:57	47.40	3:12:01	14.81	20	135		1:07:30			
Lap 4	14.00	1:18:43	10.67	51	139	35:46	35:46	61.40	4:30:44	13.61	20	137	4:42	1:42:42			
Last lap Finish	8.60	15:35	33.11	52	140	4:29	4:42	70.00	4:46:19	14.67	60	161	3:07:45	3:08:12			