



10. Harzer MTB-Event
Altenau (Oberharz) / 24.05.2009

Detailed evaluation

Hinners, Rolf

Club: RSV Bruchhausen-Vilsen
Number: 201

Course: 70.00 km
Marathon Mitteldistanz

Category:
Senioren Fun

Total time: 4:46:19

Speed: 14.67 km/h

Rank in course/Total: 146 (of 192)

Rank in course/Men: 137 (of 179)

Best time in course: 2:58:59

Rank in category: 50(of 71)

Best time in the category: 3:04:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.40	55:50	12.90	51	18:11	139	18:48	12.40	55:50	12.90	30	1:24	151	10:49
Lap 2	14.00	1:02:09	13.52	50	20:02	141	23:04	26.40	1:57:59	13.22	30	5:17	152	21:22
Lap 3	21.00	1:14:02	17.02	47	24:38	129	1:13:57	47.40	3:12:01	14.69	20		135	1:07:30
Lap 4	14.00	1:18:43	10.67	51	35:46	139	35:46	61.40	4:30:44	13.52	20	4:42	137	1:42:42
Last lap Finish	8.60	15:35	30.80	52	4:29	140	4:42	70.00	4:46:19	14.67	60	3:07:45	161	3:08:12