



10. Harzer MTB-Event  
Altenau (Oberharz) / 24.05.2009

Detailed evaluation

Lange, Dirk

Club: Neuhof  
Number: 578

Course: 105.00 km  
Marathon Langdistanz

Category:  
Senioren Fun

Total time: 6:00:05

Speed: 17.50 km/h

Rank in course/Total: 48 (of 76)

Rank in course/Men: 45 (of 72)

Best time in course: 4:20:30

Rank in category: 16(of 28)

Best time in the category: 4:29:48

| Intermediate times |          |            |            | Stage score |             |         |            | Total ranking |            |            |          |             |         |            |
|--------------------|----------|------------|------------|-------------|-------------|---------|------------|---------------|------------|------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split km/h | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total km/h | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1              | 12.40    | 46:47      | 15.90      | 15          | 9:40        | 40      | 9:41       | 12.40         | 46:47      | 15.90      | 10       | 5:04        | 10      | 2:40       |
| Lap 2              | 14.00    | 52:49      | 15.90      | 18          | 13:48       | 46      | 13:48      | 26.40         | 1:39:36    | 15.90      | 10       | 7:52        | 2       | 3:31       |
| Lap 3              | 21.00    | 1:01:30    | 20.49      | 16          | 15:13       | 49      | 15:17      | 47.40         | 2:41:06    | 17.65      | 10       | 11:49       | 2       | 8:39       |
| Lap 4              | 14.00    | 58:29      | 14.36      | 17          | 13:42       | 47      | 19:18      | 61.40         | 3:39:35    | 16.78      | 10       | 9:24        | 2       | 7:02       |
| Lap 5              | 21.00    | 1:05:04    | 19.36      | 16          | 16:07       | 44      | 1:05:03    | 82.40         | 4:44:39    | 17.37      | 10       | 17:29       | 14      |            |
| Lap 6              | 14.00    | 1:02:08    | 13.52      | 17          | 20:29       | 49      | 21:44      | 96.40         | 5:46:47    | 16.68      | 9        | 18:15       | 15      |            |
| Last lap Finish    | 8.60     | 13:18      | 38.80      | 12          | 2:06        | 35      | 2:06       | 105.00        | 6:00:05    | 17.50      | 20       | 2:22:51     | 55      | 3:13:44    |