



10. Harzer MTB-Event  
Altenau (Oberharz) / 24.05.2009

Detailed evaluation

Elpel, Armin

Club: Garbsen  
Number: 544

Course: 105.00 km  
Marathon Langdistanz

Category:  
Senioren Fun

Total time: 6:05:19

Speed: 17.25 km/h

Rank in course/Total: 51 (of 76)

Rank in course/Men: 48 (of 72)

Best time in course: 4:20:30

Rank in category: 18(of 28)

Best time in the category: 4:29:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total km/h	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	12.40	50:29	14.26	19	13:22	49	13:23	12.40	50:29	14.26	8	8:46	32	6:22
Lap 2	14.00	53:14	15.78	19	14:13	49	14:13	26.40	1:43:43	15.04	8	11:59	34	7:38
Lap 3	21.00	1:02:19	20.22	19	16:02	52	16:06	47.40	2:46:02	16.98	8	16:45	34	13:35
Lap 4	14.00	55:20	15.18	16	10:33	41	16:09	61.40	3:41:22	16.53	8	11:11	34	8:49
Lap 5	21.00	1:06:23	18.98	18	17:26	48	1:06:22	82.40	4:47:45	17.10	8	20:35	1	-
Lap 6	14.00	1:02:22	13.47	18	20:43	50	21:58	96.40	5:50:07	16.45	7	21:35	18	3:07
Last lap Finish	8.60	15:12	31.58	24	4:00	60	4:00	105.00	6:05:19	17.25	22	2:28:05	58	3:18:58