



Horizontale - 100 km Rund um Jena

Jena / 5.06.2009-06.06.2009

Detailed evaluation

Nega, Helmut

Club: Roter Adler

Number: 1052

Course: 30.00 km

35 km Sportwanderung

Total time: 4:46:47

Speed: 6.28 km/h

Course score: 30.00

performance score: 188 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	07:20	00:00	00:00
Kunitz	17.0	17.0	09:36	02:16	02:16
USZ	30.0	18.0	12:07	04:46	02:30