



Horizontale - 100 km Rund um Jena

Jena / 5.06.2009-06.06.2009

Detailed evaluation

Lamla, Heiko

Club: Jena

Number: 1340

Course: 30.00 km

35 km Sportwanderung

Total time: 6:07:35

Speed: 4.90 km/h

Course score: 30.00

performance score: 147 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start	0	0	07:40	00:00	00:00
Kunitz	17.0	17.0	10:08	02:28	02:28
USZ	30.0	18.0	13:48	06:07	03:39