



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Limpert, Ramona

Club: Sportteam-Steinbach Meiningen
Number: 206

Course: 10.00 km
Keltenbadlauf (Lauf)

Category:
Frauen W30

Total time: 48:21

Speed: 12.41 km/h
Running performance: 4:50 min/km

Rank in course/Total: 52 (of 96)
Rank in course/Women: 9 (of 34)
Best time in course: 38:25

Rank in category: 3(of 5)
Best time in the category: 46:55