



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Jahn, Reiner

Club: Kerspleben

Number: 190

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Männer M55

Total time: 55:43

Speed: 10.77 km/h

Running performance: 5:34 min/km

Rank in course/Total: 64 (of 96)

Rank in course/Men: 51 (of 62)

Best time in course: 27:44

Rank in category: 4(of 5)

Best time in the category: 40:43