



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Malzahn, Henrik

Club: First Fitness

Number: 84

Course: 79.00 km

Rhön Crossbike

Category:

Crossbike männlich

Total time: 3:41:09

Speed: 21.43 km/h

Running performance: 2:48 min/km

Rank in course/Total: 39 (of 65)

Rank in course/Men: 34 (of 54)

Best time in course: 2:28:45

Rank in category: 34(of 54)

Best time in the category: 2:28:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Geisa Stern	38.20	1:39:52	2:36	34	31:51	34	31:51	38.20	1:39:52	2:36	54	1:50	54	1:50
Point Alpha	1.70	12:55	7:35	43	6:21	43	6:21	39.90	1:52:47	2:49	54	2:26	54	2:26
Vacha/ Werrabrü	18.30	51:08	2:47	30	17:08	30	17:08	58.20	2:43:55	2:48	54	0:30	54	0:30
Dorndorf/Kirsting	3.70	9:57	2:41	36	3:10	36	3:10	61.90	2:53:52	2:48	54	0:11	54	0:11
Finish	17.10	47:17	2:45	30	14:42	30	14:42	79.00	3:41:09	2:47	34	1:12:24	34	1:12:24