



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Temmler, Silke

Club: Treffurt

Number: 204

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Frauen W40

Total time: 56:29

Speed: 10.62 km/h

Running performance: 5:39 min/km

Rank in course/Total: 67 (of 96)

Rank in course/Women: 16 (of 34)

Best time in course: 38:25

Rank in category: 4(of 7)

Best time in the category: 48:13