



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Ramona Römer, Fabian Roth

Club: First Fitness

Number: 28

Course: 42.20 km

Town&Country Run&Bike

Category:

Duo Mixed

Total time: 2:50:38

Speed: 14.77 km/h

Running performance: 4:02 min/km

Rank in course/Total: 8 (of 20)

Rank in course/Total: 8 (of 20)

Best time in course: 2:31:48

Rank in category: 1(of 4)

Best time in the category: 2:50:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wutha	14.60	59:49	4:05	1	-	5	4:38	14.60	59:49	4:05	1	-	15	3:12
Finish	27.60	1:50:49	4:00	1	-	8	20:05	42.20	2:50:38	4:02	1	-	8	18:50