



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Raschke, Christel

Club: First Fitness

Number: 184

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Frauen W45

Total time: 59:36

Speed: 10.07 km/h

Running performance: 5:58 min/km

Rank in course/Total: 77 (of 96)

Rank in course/Women: 20 (of 34)

Best time in course: 38:25

Rank in category: 3(of 5)

Best time in the category: 42:57