



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Ihling, Carmen

Club: ASKLEPIOS Medical Team Bad Salzungen 1
Number: 82

Course: 79.00 km
Rhön Crossbike

Category:
Crossbike weiblich

Total time: 4:14:12

Speed: 18.65 km/h
Running performance: 3:13 min/km

Rank in course/Total: 55 (of 65)

Rank in course/Women: 7 (of 11)

Best time in course: 3:07:23

Rank in category: 7(of 11)

Best time in the category: 3:07:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Geisa Stern	38.20	2:00:23	3:09	8	33:34	8	33:34	38.20	2:00:23	3:09	12	32:00	12	32:00
Point Alpha	1.70	14:05	8:17	7	4:44	7	4:44	39.90	2:14:28	3:22	12	36:44	12	36:44
Vacha/ Werrabrü	18.30	55:31	3:02	7	12:26	7	12:26	58.20	3:09:59	3:15	12	48:58	12	48:58
Dorndorf/Kirsting	3.70	10:52	2:56	8	2:48	8	2:48	61.90	3:20:51	3:14	12	51:46	12	51:46
Finish	17.10	53:21	3:07	8	15:03	8	15:03	79.00	4:14:12	3:13	7	1:06:49	7	1:06:49