



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Ralf Rosenbaum, Stefan Albrecht

Club: Team-Sättelstädt

Number: 31

Course: 42.20 km

Town&Country Run&Bike

Category:

Duo Männer

Total time: 3:03:36

Speed: 13.73 km/h

Running performance: 4:21 min/km

Rank in course/Total: 9 (of 20)

Rank in course/Total: 9 (of 20)

Best time in course: 2:31:48

Rank in category: 8(of 16)

Best time in the category: 2:31:48

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Wutha	14.60	1:00:36	4:09	5	5:25	6	5:25	14.60	1:00:36	4:09	7	5:25	14	3:59
Finish	27.60	2:03:00	4:27	11	32:16	12	32:16	42.20	3:03:36	4:21	8	31:48	9	31:48