



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Malzahn, Christina

Club: First Fitness

Number: 58

Course: 79.00 km

Rhön Crossbike

Category:

Crossbike weiblich

Total time: 4:18:39

Speed: 18.33 km/h

Running performance: 3:16 min/km

Rank in course/Total: 59 (of 65)

Rank in course/Women: 9 (of 11)

Best time in course: 3:07:23

Rank in category: 9(of 11)

Best time in the category: 3:07:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Geisa Stern	38.20	1:55:24	3:01	7	28:35	7	28:35	38.20	1:55:24	3:01	12	27:01	12	27:01
Point Alpha	1.70	15:25	9:04	10	6:04	10	6:04	39.90	2:10:49	3:16	12	33:05	12	33:05
Vacha/ Werrabrü	18.30	58:38	3:12	8	15:33	8	15:33	58.20	3:09:27	3:15	12	48:26	12	48:26
Dorndorf/Kirsting	3.70	12:11	3:17	10	4:07	10	4:07	61.90	3:21:38	3:15	12	52:33	12	52:33
Finish	17.10	57:01	3:20	9	18:43	9	18:43	79.00	4:18:39	3:16	9	1:11:16	9	1:11:16