



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Tüchelmann, Jan

Club: First Fitness

Number: 182

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Männer M45

Total time: 1:03:54

Speed: 9.39 km/h

Running performance: 6:23 min/km

Rank in course/Total: 85 (of 96)

Rank in course/Men: 59 (of 62)

Best time in course: 27:44

Rank in category: 12(of 13)

Best time in the category: 37:55