



## 6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

### Detailed evaluation

**Lochmann, Ingo**

Club: ASKLEPIOS Medical Team Bad Salzungen 1  
Number: 38

Course: 10.00 km  
Keltenbadlauf (Lauf)

Category:  
Männer M45

Total time: 1:04:03

Speed: 9.37 km/h  
Running performance: 6:24 min/km

Rank in course/Total: 86 (of 96)

Rank in course/Men: 60 (of 62)

Best time in course: 27:44

Rank in category: 13(of 13)

Best time in the category: 37:55