



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Nößler, Frank

Club: First Fitness

Number: 69

Course: 79.00 km

Rhön Crossbike

Category:

Crossbike männlich

Total time: 4:27:26

Speed: 17.72 km/h

Running performance: 3:23 min/km

Rank in course/Total: 62 (of 65)

Rank in course/Men: 53 (of 54)

Best time in course: 2:28:45

Rank in category: 53(of 54)

Best time in the category: 2:28:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Geisa Stern	38.20	2:01:40	3:11	53	53:39	53	53:39	38.20	2:01:40	3:11	54	23:38	54	23:38
Point Alpha	1.70	18:39	10:58	53	12:05	53	12:05	39.90	2:20:19	3:31	54	29:58	54	29:58
Vacha/ Werrabrü	18.30	1:00:34	3:18	50	26:34	50	26:34	58.20	3:20:53	3:27	54	37:28	54	37:28
Dorndorf/Kirsting	3.70	11:15	3:02	52	4:28	52	4:28	61.90	3:32:08	3:25	54	38:27	54	38:27
Finish	17.10	55:18	3:14	50	22:43	50	22:43	79.00	4:27:26	3:23	53	1:58:41	53	1:58:41