



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Keppler, Bernd

Club: PSV Meiningen

Number: 175

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Männer M45

Total time: 39:06

Speed: 15.35 km/h

Running performance: 3:55 min/km

Rank in course/Total: 10 (of 96)

Rank in course/Men: 9 (of 62)

Best time in course: 27:44

Rank in category: 3(of 13)

Best time in the category: 37:55