



## 6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

### Detailed evaluation

**Matthesius, Ronald**

Club: Diakonie Eisenach

Number: 512

Course: 42.20 km

Town&Country Marathon

Category:

Männer M40

Total time: 3:09:35

Speed: 13.29 km/h

Running performance: 4:29 min/km

Rank in course/Total: 1 (of 8)

Rank in course/Men: 1 (of 8)

Best time in course: 3:09:35

Rank in category: 1(of 3)

Best time in the category: 3:09:35

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wutha	14.60	1:08:05	4:39	1	-	1	-	14.60	1:08:05	4:39	1	-	1	-
Finish	27.60	2:01:30	4:24	1	-	1	-	42.20	3:09:35	4:29	1	-	1	-