



## 6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

### Detailed evaluation

**Rippel, Markus**

Club: SV Nomania Treffurt

Number: 306

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Männer M30

Total time: 39:24

Speed: 15.23 km/h

Running performance: 3:56 min/km

Rank in course/Total: 12 (of 96)

Rank in course/Men: 11 (of 62)

Best time in course: 27:44

Rank in category: 1(of 3)

Best time in the category: 39:24