



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Amstein, Torsten

Club: Jena

Number: 1295

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Männer M20

Total time: 1:32:46

Speed: 13.58 km/h

Running performance: 4:24 min/km

Rank in course/Total: 11 (of 129)

Rank in course/Men: 11 (of 98)

Best time in course: 1:14:18

Rank in category: 3(of 15)

Best time in the category: 1:14:18