



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Stauche, Ronny

Club: Ettenhausen

Number: 1356

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Männer M35

Total time: 1:33:05

Speed: 13.54 km/h

Running performance: 4:25 min/km

Rank in course/Total: 12 (of 129)

Rank in course/Men: 12 (of 98)

Best time in course: 1:14:18

Rank in category: 2(of 16)

Best time in the category: 1:21:10