



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Lesske, Torsten

Club: Bad Grund

Number: 1181

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Männer M45

Total time: 1:40:33

Speed: 12.53 km/h

Running performance: 4:46 min/km

Rank in course/Total: 37 (of 129)

Rank in course/Men: 37 (of 98)

Best time in course: 1:14:18

Rank in category: 6(of 17)

Best time in the category: 1:21:15