



## 6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

### Detailed evaluation

**Rasche, Harald**

Club: 1. TSV Bad Salzungen

Number: 1327

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Männer M50

Total time: 1:41:11

Speed: 12.45 km/h

Running performance: 4:48 min/km

Rank in course/Total: 39 (of 129)

Rank in course/Men: 39 (of 98)

Best time in course: 1:14:18

Rank in category: 2(of 8)

Best time in the category: 1:34:48