



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Knabe-Gollnick, Christa

Club: GML RV

Number: 1362

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Frauen W65

Total time: 1:48:41

Speed: 11.59 km/h

Running performance: 5:09 min/km

Rank in course/Total: 65 (of 129)

Rank in course/Women: 3 (of 31)

Best time in course: 1:45:36

Rank in category: 1(of 1)

Best time in the category: 1:48:41