



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Leser, Rainer

Club: SV 1930 Frauensee

Number: 1338

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Männer M50

Total time: 1:48:57

Speed: 11.56 km/h

Running performance: 5:10 min/km

Rank in course/Total: 66 (of 129)

Rank in course/Men: 63 (of 98)

Best time in course: 1:14:18

Rank in category: 3(of 8)

Best time in the category: 1:34:48