



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Päsler, Ralf

Club: Pummpälzverein

Number: 1309

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Männer M50

Total time: 1:53:21

Speed: 11.12 km/h

Running performance: 5:22 min/km

Rank in course/Total: 83 (of 129)

Rank in course/Men: 77 (of 98)

Best time in course: 1:14:18

Rank in category: 5(of 8)

Best time in the category: 1:34:48