



## 6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

### Detailed evaluation

**Cramer, Matthias**

Club: HSG Hörselgau

Number: 1300

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Männer M50

Total time: 1:56:36

Speed: 10.81 km/h

Running performance: 5:32 min/km

Rank in course/Total: 92 (of 129)

Rank in course/Men: 85 (of 98)

Best time in course: 1:14:18

Rank in category: 6(of 8)

Best time in the category: 1:34:48