



## 6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

### Detailed evaluation

**Hantzsch, Helmut**

Club: SV Mihla

Number: 301

Course: 10.00 km

Keltenbadlauf (Lauf)

Category:

Männer M60

Total time: 40:42

Speed: 14.74 km/h

Running performance: 4:04 min/km

Rank in course/Total: 17 (of 96)

Rank in course/Men: 16 (of 62)

Best time in course: 27:44

Rank in category: 1(of 4)

Best time in the category: 40:42