



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Sciranka, Angelika

Club: EFC 08 Ruhla

Number: 1312

Course: 21.10 km

Pummpälz Halbmarathon (Lauf)

Category:

Frauen W40

Total time: 1:58:53

Speed: 10.60 km/h

Running performance: 5:38 min/km

Rank in course/Total: 94 (of 129)

Rank in course/Women: 9 (of 31)

Best time in course: 1:45:36

Rank in category: 4(of 7)

Best time in the category: 1:45:36