



## 6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

### Detailed evaluation

Ziebarth, Susanne

Club: Alea-Sanitas / Powerteam mit Biss  
Number: 1234

Course: 21.10 km  
Pummpälz Halbmarathon (Lauf)

Category:  
Frauen W45

Total time: 2:06:03

Speed: 10.00 km/h  
Running performance: 5:58 min/km

Rank in course/Total: 117 (of 129)

Rank in course/Women: 22 (of 31)

Best time in course: 1:45:36

Rank in category: 3(of 5)

Best time in the category: 2:03:55