



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Lange, Gerd

Club: Wendehausen

Number: 1284

Course: 21.10 km

Pummpälz Halbmarathon (NordicWalking)

Total time: 2:28:23

Speed: 8.49 km/h

metres in height up: 351

Course score: 26.27

performance score: 234 Points