



## 6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

### Detailed evaluation

**Lemke, Sabine**

Club: Black & White

Number: 1250

Course: 21.10 km

Pummpälz Halbmarathon (NordicWalking)

Total time: 2:43:39

Speed: 7.70 km/h

metres in height up: 351

Course score: 26.27

performance score: 212 Points