



6. Town&Country Pummpälzlauf

Hainich/Rennsteig/Rhön - Keltenbad Bad Salzungen / 06.06.2009

Detailed evaluation

Kallenbach, Helmut

Club: Dienstag Walker

Number: 1321

Course: 21.10 km

Pummpälz Halbmarathon (NordicWalking)

Total time: 2:44:35

Speed: 7.66 km/h

metres in height up: 351

Course score: 26.27

performance score: 211 Points